



CORNERSTONE'S PROGRAMS

CORNERSTONE of MEDICAL ARTS

159-05 Union Turnpike
Fresh Meadows, NY 11366
(718) 906-6700 ext. 3150

CORNERSTONE RHINEBECK

500 Milan Hollow Road
Rhinebeck, NY 12572
(845) 266-3481 ext. 202

In-Patient Detoxification Programs

- 106 beds at CMAC – 6 beds CRNY
- Provides medically supervised detoxification 24/7
- Staffed by multi-disciplinary teams of trained, experienced health care professionals.
- Methadone/Suboxone may be used in the detox protocol.
- Patients may be maintained on Methadone/ Suboxone while detoxing from other substances.

In-Patient Rehabilitation Programs

- 53 beds at CMAC – 90 beds CRNY
- Provide comprehensive medical, nursing and counseling services 24/7.
- Provides chemical dependency rehabilitation services designed to help the patient develop the necessary skills to maintain a clean and sober lifestyle.
- Comprehensive bio-psycho-social evaluations.
- Individualized Treatment Plans to address patient needs.
- Patients may be maintained on Methadone/Suboxone.

This newly renovated 5 story, 159-bed facility, located in Queens, New York, and is wheelchair accessible. The facility is conveniently located to Manhattan, the Bronx, Brooklyn, Staten Island and Long Island and is easily accessible by public transportation (subway, bus and LIRR).

Cornerstone of Rhinebeck is located in beautiful Hudson Valley, New York. Set on 32 acres of scenic landscape, surrounded by lush greenery and trees on the edge of a lake, this 96 bed facility is easily accessible by several major highways or by public transportation (Amtrak, Metro North).

INPATIENT TREATMENT SERVICES

- Medically Supervised Withdrawal Services
- Structured Therapeutic Recreation
- Physical and Psychiatric Evaluations
- Addictions Counseling
- Special Issues Groups
- Introduction to Self Help Resources
- Smoking Cessation Program

Courtesy Transportation Arrangements Available Through Cornerstone's Fleet of Vehicles.



“BUILDING A STRONG FOUNDATION FOR A LASTING RECOVERY”

Since 1987 Cornerstone has been assisting individuals reclaim their lives from the disease of addiction. Over the years Cornerstone has achieved and maintained an unparalleled level of excellence in the field of addiction treatment.

Over 25 Years of Serving the Community

INTAKE & REFERRAL PROCESS



Cornerstone is committed to making the intake/admission process as simple as possible. Whenever possible a member of our intake team would speak directly with the patient to advise him/her of what he/she will need to bring to the admission department. If the patient is being referred from another program we would speak with either the counselor or social worker there to ensure that we receive the required documents.

The following items are required for all prospective patients:

- A picture ID
- A medical insurance card
- Medications taken. If seeking a rehab admission a 30 day supply is required
- Change of clothes. If seeking a rehab admission a weeks' worth of clothing is recommended
- If client is being referred from a detox setting the counselor/social worker needs to fax Cornerstone with the history and physical, the bio-psychosocial, a current PPD or chest x-ray results, lab results and a list of all current medications the client is taking. All packets will be reviewed by CTFN's medical team for face to face approval.
- Money for miscellaneous expenses ranging between \$20 -\$50 to cover telephone calls and store runs. Cornerstone **does not** provide patients with money for miscellaneous expenses.

Also Note

- Telephone usage is restricted and is at the counselors discretion
- Electronic devices such as laptops, radios, TV's, cell phones, cameras, and beepers **are not allowed**
- Patients may send or receive mail during their stay at Cornerstone
- Food items, nutritional supplements and or vitamins **are not allowed**. Cornerstone will provide these items based on the patients individual needs

CORNERSTONE'S MISSION



To provide quality care for the treatment of chemical dependency in a confidential, dignified and culturally diverse environment.

Cornerstone Philosophy

- Cornerstone subscribes to the disease concept of addiction.
- Addiction is considered to be a chronic disease that affects all of the bio-psycho social spheres of a person's life.
- Recovery is an ongoing lifelong process.

Cornerstone takes P.R.I.D.E. in what we do and how we do it:

P = Professionalism

R = Respect

I = Integrity

D = Dignity

E = Excellence

Admission Information

Cornerstone of Medical Arts
(718) 906-6700 ext. 3150

Cornerstone of Rhinebeck
(845) 266-3481 ext. 202

Cornerstone accepts most insurances including Medicaid. In the absence of insurance (self-pay), Cornerstone will work with you to find the best payment solution.

Toll-free number:

1-800-233-9999

www.cornerstoneny.com



Licensed by OASAS and accredited by CARF.



CORNERSTONE

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Take Your First Steps
Towards Recovery & Call:

1-800-233-9999

www.cornerstoneny.com